## What is Congregate Housing?

Congregate Housing is an innovative concept in housing which offers a shared living arrangement to elders and disabled adults. This program provides an alternative to premature nursing home or rest home placement. Congregate Housing offers affordable housing, together with the supportive social and health services needed to assist individuals in continuing to live independently.

Congregate living promotes socialization and companionship while providing security and privacy. It is not a medical facility and therefore is not appropriate for anyone who requires 24-hour care or supervision.

## What are the Apartments like?

Each resident at the Captain Bearse House has a private studio type apartment, with a small kitchen and half bath. These are furnished with his or her own possessions. In addition, all residents share a lovely dining room where their dinner is served each day. There is a cozy living room, sitting area, laundry and four bath/shower rooms which are scheduled for use for privacy.

## Who is Eligible to live at Captain Bearse House?

Adults who are older than 60 years or disabled may be eligible for congregate living if they also meet the following criteria:

- Qualify for Public Housing
- Have the physical ability to live independently but need some support services to maintain their independence
- Seek the security and companionship of living cooperatively with others

Not everyone who applies is accepted for residency at Captain Bearse House. Each Applicant must be approved by a Tenant Selection Team based on his or her functional ability, health, social needs and the likelihood of remaining for at least one year.

## **Available Services**

- Case Management
- Homemaking
- Personal Care
- Transportation Assistance
- Nursing Visits
- Physical, Occupational or Speech Therapy
- Home Health Services

Any additional services as needed